**Thunder Bay Rowing Club**

**Coach, Umpire and Regatta Official**

**Concussion Code of Conduct**

In recognition of the potential seriousness of a concussion, I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, commit to following the concussion related protocols and expectations as highlighted below.

* Annually review concussion education and resource materials that are provided.
* Participate in any mandated concussion related training.
* Sign off on adherence to this concussion code of conduct annually.
* Support a zero tolerance for behaviours that are associated for high risk of causing concussions.
* Respond appropriately with ROWONTARIO’s Removal from Sport and Return to Sport protocols if an individual reveals that they are experiencing concussion related symptoms or if I suspect any individual has sustained a concussion.
* Respect the roles and responsibilities of all coaches, umpires and regattas officials in the Removal from Sport protocol.
* Work with participants and athletes in the best interest of their long term health to the best of my ability
* Maintain an open dialogue with all athletes and participants (and parents/guardians in the cases of minors) about their health and any signs and symptoms of concussion they may experience.
* Complete incident reports and athlete disclosure forms in a timely manner and ensure they are submitted to my organization and in competition, the organization hosting the event.

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Signature Date